

W E D D I N G C H E C K L I S T

THINGS TO ADD TO YOUR HAIR/SKIN CARE

- NIGHT TIME DOUBLE CLEANSE
- WEEKLY EXFOLIATION - FACE & BODY
- REGULAR HAIR MASK
- ONLY RINSE WITH WATER IN THE AM (TO PROTECT SKIN BARRIER)
- LOTS OF WATER! LESS CAFFINE

APPOINTMENTS TO BOOK IN ADVANCE

- LASH EXTENSIONS
- NAILS
- HAIR AND MAKEUP TRIAL
- HAIR CUT/COLOR
- FACIALS
- BOTOX

TIPS

- BOOK YOUR TRIAL FOR YOUR BRIDAL SHOWER/BACHELORETTE TO PUT IT THROUGH A GOOD TEST
- MAKE SURE YOU'RE LOOKING FOR INSPO WITH SIMILAR HAIR/COLORING AS YOU
- FOR THE FULLEST LASHES, BOOK AN APPOINTMENT 2 WEEKS BEFORE AND THEN 1-2 DAYS BEFORE

ONE YEAR BEFORE WEDDING

- RESEARCH AND BOOK YOUR GLAM TEAM
- START LOOKING FOR HAIR INSPO (DECIDE IF YOU NEED TO GROW OR CUT YOUR HAIR)
- VISIT AN ESTHITICIAN/DERMATOLOGIST AND MAKE A PLAN FOR YOUR SKIN

1 MONTH BEFORE WEDDING

- DO NOT START USING ANY NEW PRODUCTS AFTER THIS TIME
- BOTOX - IF YOU'RE INTO IT

2 MONTHS BEFORE WEDDING

- FINAL HAIRCUT
- GET YOUR TRIAL DONE
- BOOK FULL SET OF LASHES IF IT IS YOUR FIRST TIME

WEEK BEFORE WEDDING

- WAXING (2 WEEKS IF YOU'RE SENSITIVE)
- FINAL LASH APPOINTMENT
- SPRAY TAN - IF THAT'S YOUR THING
- NAILS
- FINAL FACIAL
- REST & SELF CARE

THIS IS JUST AN ESTIMATE TO HELP YOU TO DO LIST LESS CHAOTIC. THE MOST IMPORTANT THING IS THAT YOU TAKE CARE OF YOURSELF AND ENJOY THE RIDE!